

# SWISD CURBSIDE

## Virtual Learning Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK 1 BREAKFAST</b>	Cereal Fruit or fruit Juice	Breakfast Pizza Fruit or fruit Juice	French Toast Sticks Fruit or fruit Juice	Cereal Fruit or fruit Juice	Mini Pancakes Fruit or fruit Juice
<b>WEEK 1 LUNCH</b>	Beefy Mac & Cheese Savory Green Beans Fruit	Asian Chicken & Fried Rice Egg Roll Fresh Vegetable Fruit	Beef Nachos Fresh Vegetable Refried Beans Fruit	Steak Fingers Potatoes Broccoli Fruit	Pizza Fresh Vegetable Fruit
<b>WEEK2 BREAKFAST</b>	Cereal Fruit or fruit Juice	Assorted Muffin Fruit or fruit Juice	Waffles Fruit or fruit Juice	Breakfast Chicken Bites Fruit or fruit Juice	Yogurt & Granola Fruit or fruit Juice
<b>WEEK 2 LUNCH</b>	Hamburger Potato Wedges Fruit	Turkey & Cheese sandwich Fresh Vegetable Fruit	Southwest Plate Pinto Beans & Rice Fresh Vegetable Fruit	Chicken Nuggets Mac n Cheese Fresh Vegetable Fruit	Hot Dog Fresh Vegetable Fruit

Choice of milk with breakfast and lunch. Menu is subject to change without notice.

WELCOME to our CURBSIDE Virtual Learning Meal pick up for 2020-2021 SWISD students. Meals will be distributed Monday thru Friday from 10:30 am to 12:00 pm.

Store meals in the refrigerator within 2 hours. Discard any leftovers within 3 days. Some foods will need to be heated to 140 - 165°F prior to consuming. REMINDER: Hot foods, such as entrees, should be kept hot (>140°F). Cold foods such as milk & cheese should be kept cold (< 40°F). If you have any questions, please call SWISD Child Nutrition Office at (210) 622- 4380. When in doubt —Throw it out!