

2017
2018

Southwest ISD Elementary School

MENU



Meal Pricing

- STUDENT BREAKFAST..... FREE
- STUDENT LUNCH..... \$2.05
- REDUCED STUDENT LUNCH..... \$0.40
- ADULT / GUEST BREAKFAST..... \$2.20
- ADULT / GUEST LUNCH..... \$3.70



A La Carte

- MILK..... \$0.50
- LACTOSE-FREE MILK..... \$0.75
- ADDITIONAL ENTREE..... \$1.75
- ADDITIONAL SIDE..... \$0.60
- BOTTLED WATER..... \$0.75
- HEALTHY SNACKS..... \$0.50 - \$1.00

BREAKFAST MENU

Breakfast is FREE every morning for all SWISD students. Assorted fruits, 100% fruit juice, and a variety of milk are offered with breakfast each day. Students may select 2 fruits (only one may be juice) and a milk with their breakfast entree. Menu subject to change based on vendor availability.

= contains pork (v) = vegetarian



WEEK 1

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> Scrambled Eggs Whole Grain Pancake Sausage Patty Assorted Cereal with Toast Yogurt with Granola 	<ul style="list-style-type: none"> Carne Guisada Breakfast Taco Assorted Cereal with Toast Yogurt with Cereal Bar 	<ul style="list-style-type: none"> Sausage & Cheese Flatbread Assorted Cereal with Toast Yogurt with Granola 	<ul style="list-style-type: none"> Cinnamon Swirl Roll Assorted Cereal with Toast Yogurt with Cereal Bar 	<ul style="list-style-type: none"> Breakfast on a Bun Assorted Cereal with Toast Yogurt with Granola

WEEK 2

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> Muffin with Canadian Bacon Assorted Cereal with Toast Yogurt with Granola 	<ul style="list-style-type: none"> Barbacoa Breakfast Taco Assorted Cereal with Toast Yogurt with Cereal Bar 	<ul style="list-style-type: none"> Sausage & Cheese Flatbread Assorted Cereal with Toast Yogurt with Granola 	<ul style="list-style-type: none"> Mini Waffles with Chicken Bites Assorted Cereal with Toast Yogurt with Cereal Bar 	<ul style="list-style-type: none"> Egg & Sausage Biscuit Assorted Cereal with Toast Yogurt with Granola

LUNCH MENU

Menu subject to change based on vendor availability. Assorted fruits and vegetables and a variety of milk are offered with the lunch entrees each day. Students may choose 2 vegetables, 1 fruit, and 1 milk with their entree. All grains offered are whole-grain. Thanksgiving Meal: Thursday, Nov. 9, 2017 - Elm Creek, Hidden Cove, Kriewald, Medio Creek, Sky Harbour, Spicewood Friday, Nov. 10, 2017 - Big Country, Bob Hope, Indian Creek, Southwest Elementary, Sun Valley Christmas Meal: Friday, Dec. 15, 2017 for all campuses

= contains pork (v) = vegetarian

WEEK 1

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> Yogurt Combo Plate (v) Corn Dogs with Mac & Cheese Hamburger or Cheeseburger 	<ul style="list-style-type: none"> Asian Chicken Salad Cherry Blossom Chicken with Chow Mein Noodles Breaded Chicken Sandwich 	<ul style="list-style-type: none"> Taco Salad Enchiladas with Chili Meat Sauce Corn Chip Pie Cornbread Muffin 	<ul style="list-style-type: none"> Baked Potato Entrée (v) Chicken Nuggets Baja Fish Sticks (v) Whole Grain Roll 	<ul style="list-style-type: none"> Chef Salad Pepperoni or Cheese Pizza (v) Grilled Ham & Cheese Sandwich

WEEK 2

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> Yogurt Combo Plate (v) Spaghetti with Meatballs Beef Ravioli Garlic Breadstick 	<ul style="list-style-type: none"> Crispy Chicken Salad Chicken Tenders Steak Fingers Whole Grain Roll 	<ul style="list-style-type: none"> Taco Salad Chicken Crispito Beefy Nachos 	<ul style="list-style-type: none"> Baked Potato Entrée (v) Pizza Cheese Sticks (v) with Marinara Hot Dog 	<ul style="list-style-type: none"> Chef Salad Deep Dish Pizza BBQ Beef Sandwich

School Meal Calendar

Week One Meal Plan

Week Two Meal Plan

August '17	September '17																																																																																																		
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Pre-Payments Online

To post money on your student's account you log into your mySchoolBucks.com account. Adding funds to your student's account is easy: First, access your account on mySchoolBucks.com and add your students. You will need to have your student's ID number in order to set up a payment account for them. If you have multiple children, you can make multiple deposits for each child during your transaction. Next, make a payment. The deposit amount can be placed against a credit card, debit card or your checking account. All payments are securely processed using our highly secure website and encryption. There is a convenience fee to pay online.

Check Payments

Make checks payable to the school cafeteria your child attends (example "SW Elementary Cafeteria") and bring or send your check to the cafeteria. Be sure to include the student's name and ID number on the check.

Cash Payments

Cash can be brought to your student's campus cafeteria for deposit into their account, or students may pay with cash on a daily basis. Students are allowed a maximum of 10 charged meals (\$20.50 full paid and \$4.00 reduced) on their individual student account. Once a student reaches the maximum charged meals, they will be served the lowest cost reimbursable meal until the balance is paid. The lowest cost reimbursable meal will be determined by the Child Nutrition Department. Free and Reduced Lunch Applications are sent home with every student at the start of the school year.



M E N U



M E N U

Child Nutrition Services
 1914 Dragon Lane, Building 600
 San Antonio, TX 78252
 210-622-4380